

Te Ara Moana

Reconnect | Reawaken | Restore

Te Ara o te Moana.

“ Whāia ngā pae o te Mātauranga
Ko te pae tawhiti, Whāia kia tata
Ko te pae tata, whakamaua kia tina, tina haumie Huie Taikie ē. “

“ Search in the innermost recesses of the intellect, to seek new Knowledge as yet unexplored, as the past is purchased by the present. And the future is the goal of tomorrow. “

Te Ara Moana was yet another extraordinary opportunity for me and many other teenagers to grow, evolve and adapt, physically, mentally, emotionally and spiritually.

It opened the mind to wānanga, wānanga not just being a conference or a summit but wānanga being something that touched the hearts of many.

Travelling to the depths of emotion or diving into immediate problems was just skimming through some of the many things that happened at Te Ara Moana.

We had courageous conversations covering

- Cyber bullying
- Diversity & Inclusion
- Youth Suicide
- Overcoming Addiction
- Abundant Ecologies

All of these daring topics having very hard challenges for all of us to face, but Te Ara Moana let us express ourselves, making us overcome those challenges.

We also had Creative Solutions which were action workshops, that taught us through doing.

- In Living Colour
- Woven Realities
- Rewriting the Narrative
- Movement Inspired

I enjoyed my time at Te Ara Moana and the many opportunities it gave me to once again grow, evolve and adapt.

I would like to give the biggest thank you to **Te Runanga Iwi o Ngapuhi** for giving me the beautiful taonga. It was a honour to rep my Iwi down Tāmaki-makau-rau at Te Ara Moana.

E kore rawa ngā mihi e mutu ki a koutou!

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- Hawaiiikii Maraina Henare.



